

C. A. R. T. A. Required Clothing and Equipment

(Capital Area Regional Training Academy)

- Student Uniform: Khaki colored cargo pants (2) pairs. For example, these may be purchased at Walmart. http://www.walmart.com/catalog/product.do?product_id=3861535&cat=163867&type=46
(Khaki is the only color that will be allowed.)
- Wear white crew neck t-shirt with the Khaki cargo pants on first day of class.
- Black belt is to be worn with the Khaki cargo pants.
- Black shoes or boots are to be worn with Khaki cargo pants (authorized footwear of your agency is recommended).
- At least (2) sets of plain black colored gym type shorts, mid-thigh length for physical training and black colored sweats for January academies. (No stripes, print, number, etc.)
- Running shoes or athletic shoes
- Females – female undergarments and apparel (athletic bra only)
- Males- one athletic supporter.
- All pending court subpoenas (original documents)
- Weapons cleaning supplies
- Duty leather, four belt keepers, handcuffs, handcuff keys and case.
- Eye and Ear protection for the firing range.
- Protective clothing is recommended on range training days. (Rain gear, clothing to block the sun's UV rays, or adequate SPF rated sunscreen, etc.)
- Your Agency's authorized handgun and shotgun.
- 1500 rounds of ammo needed for practice. All ammunition must be a major manufactured brand (Federal, Remington, Speer, etc.); preferably no reloads or remanufactured rounds. **NO PERSONAL RELOADS!**

Handgun

- .38/357 158 gr. Semi wad cutter or round nose
- 9mm Appropriate Weight-For-Caliber-Ball Ammo
- .40 cal
- .45 cal

Shotgun

- 100 rounds of #6 or #7 ½ bird shot- 50 rounds of 00 buckshot (9 pellets) - 20 slugs.
- Buckshots and slugs may be low recoil as long as weapon will function properly.